

Infant Menu Record

Diet Statement on file for _____.

Provider Name _____ Prov. # _____ Mo/Yr _____

Record infant name(s) and attendance on the corresponding Meal Count/Menu Record.

Meal	Day	Day	Day	Day	Day
	Date	Date	Date	Date	Date
Breakfast IFIF or BM	IFIF BM	IFIF BM	IFIF BM	IFIF BM	IFIF BM
Fruit/Vegetable (not juice)					
IFIC (Iron Fortified Infant Cereal)					
Morning Snack IFIF or BM or FJ (Fruit Juice) *FJ is an option for 8-12 mo. only	IFIF BM FJ	IFIF BM FJ	IFIF BM FJ	IFIF BM FJ	IFIF BM FJ
Lunch IFIF or BM	IFIF BM	IFIF BM	IFIF BM	IFIF BM	IFIF BM
Meat/Meat Alternate or IFIC					
Fruit/Vegetable (not juice)					
Afternoon Snack IFIF or BM or FJ (Fruit Juice) *FJ is an option for 8-12 mo. only	IFIF BM FJ	IFIF BM FJ	IFIF BM FJ	IFIF BM FJ	IFIF BM FJ
Supper IFIF or BM	IFIF BM	IFIF BM	IFIF BM	IFIF BM	IFIF BM
Meat/Meat Alternate or IFIC					
Fruit/Vegetable (not juice)					
Evening Snack IFIF or BM or FJ (Fruit Juice) *FJ is an option for 8-12 mo. only	IFIF BM FJ	IFIF BM FJ	IFIF BM FJ	IFIF BM FJ	IFIF BM FJ

Infant Meal Requirements

Birth through 3 Months

Breakfast	4-6 oz. IFIF or Breast Milk
Lunch/Supper	4-6 oz. IFIF or Breast Milk
Snack	4-6 oz. IFIF or Breast Milk

4 through 7 Months

Breakfast	4-8 oz. IFIF or Breast Milk 1-3 Tbsp. IFIC (Optional)*
Lunch/Supper	4-8 oz. IFIF or Breast Milk 1-3 Tbsp. IFIC (Optional)* 1-3 Tbsp. Fruit/Vegetable (Optional)*
Snack	4-6 oz. IFIF or Breast Milk Optional: Crackers/Bread

8 to 12 Months

Breakfast	6-8 oz. IFIF or Breast Milk 1-4 Tbsp. Fruit and/or Vegetable 2-4 Tbsp. IFIC
Lunch/Supper	6-8 oz. IFIF or Breast Milk 1-4 Tbsp. Fruit and/or Vegetable 2-4 Tbsp. IFIC; and/or 1-4 Tbsp. meat, fish, poultry, egg yolk; OR cooked dry beans/peas; OR 1-4 oz. cottage cheese or cheese food or cheese spread
Snack	2-4 oz. IFIF or Breast Milk or Fruit Juice Optional: Crackers/Bread

Directions: Indicate type of food/drink served by circling the appropriate abbreviation according to the key.

Key:

IFIF = Iron-fortified Infant Formula
 IFIC = Iron-fortified Infant Cereal
 BM = Breast Milk
 FJ = 100% Fruit Juice

NOTE:

The following foods are not reimbursable for infant meals/snacks: creamed vegetables, yogurt, peanut butter, fish sticks, infant meat sticks, adult cereal, baby food desserts and combination dinners, i.e., Gerber® Chicken Noodle Dinner. See Provider Book for more details.

* Upon parental request, optional foods (IFIC, Fruit/Veg.) must be provided by the child care provider.