

# #20

## Tropical Slush

“Cruising Through The Calendar” 2002 Workshop

3 cups water  
½ cup sugar  
1 can (12 oz.) frozen orange juice concentrate  
3 or 4 bananas, mashed  
1 can (46 oz.) unsweetened pineapple juice  
Ginger ale or lemon-lime carbonated beverage

Heat water and sugar to a rolling boil. Remove from heat and cool to lukewarm temperature. Stir in orange juice.

Mash bananas with a fork or in a blender, adding some juice as you blend. Stir together all of the sugar mixture, mashed bananas and pineapple juice into a large freezer container. Cover and freeze. Stir once during the freezing process.

To serve, allow slush mixture to slightly thaw. Scoop ½ cup into a glass. Add about ¼ cup ginger ale to the cup to create a slush. Serve with a straw.

Credit as: ½ cup juice serving.