

#9

French Toast Fingers 1995 Newsletter from Sandy Fix

2 eggs
¼ cup milk
¼ tsp. salt
½ cup strawberry jam
8 slices day old bread

In small bowl or pie plate, beat eggs, milk, and salt; set aside. Spread jam on four slices of bread; top with remaining slices. Trim crust off; cut each sandwich into three strips.

Dip both sides of strips in egg mixture. Cook on lightly greased hot griddle for 2 minutes on each side until golden brown. Dust with powdered sugar, if desired.

Credit as: Grains/bread serving for meals or snack.