



Ingredients: RED LENTIL FLOUR



## Crediting Pasta Made From Vegetable Flour

ON April 17, 2019, USDA informed CACFP sponsors that the CACFP will now allow pasta made of vegetable flour(s) to credit as a vegetable. Consistent with vegetable crediting, 1/2 cup of pasta made of 100% vegetable flour (not grain flour) credits as 1/2 cup vegetables. Record as "Vegetable Pasta" or "Lentil Pasta." Please save the label to verify that it is correctly credited.

This crediting does not apply to grain-based pasta products that contain vegetable powder for color (spinach, sun-dried tomato, etc.). Those products will continue to qualify as a grains if enriched or whole grain.

Consistent with legume crediting, cooked pasta made of 100% legume flour(s) may credit as a meat alternate instead of a vegetable---BUT only if it is served with additional meat/meat alternate such as cheese or meat.



Ingredients: CHICKPEAS, TAPIOCA, PEA PROTEIN, XANTHAN GUM.

The products to the left are examples of "vegetable" pastas that **DO NOT** qualify to be credited as a vegetable. Their primary ingredient is a grain so they could qualify as a grain component.



Ingredients: Semolina (Wheat), Durum Flour (Wheat), Dried Carrot, Dried Tomato, Dried Spinach, Niacin, Ferrous Sulfate (Iron), Thiamin Mononitrate, Riboflavin, Folic Acid.



**INGREDIENTS** Organic Whole Grain Durum Wheat, Organic Golden Amber Durum Wheat Semolina, Organic Beet Powder, Organic Spinach Powder, Organic Carrot Powder, Organic Annatto Powder

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Ingredients  
Semolina (Wheat), Durum Flour (Wheat), Dried Vegetables (Spinach, Zucchini, Broccoli, Parsley, Kale), Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, Folic Acid.