

# #14

## Gone Fishing

**Pretzel Sticks**

**Fish Shaped Crackers**

**Peanut Butter or Cheese Spread**

**Place 1 Tbsp. peanut butter on child's plate. Child dips the end of a pretzel stick (fishing rod) into the peanut butter (bait). Then touch the sticky end of the pretzel onto a fish to "catch it." Then eat the fish off of the pretzel or eat the whole creation at once. Repeat process to "catch" fish.**

**Credit as: pretzels and crackers = grains/bread serving. 1 Tbsp. PB = ½ oz. meat alternate serving for snack. If using cheese spread instead of PB, would need to use 3 Tbsp. to count as a ½ oz. meat alternate for snack.**