

Creditable Yogurts

Childcare providers have requested that Heartland compile a list of yogurts that meet the CACFP requirement of having no more than 23 grams of sugar per 6 ounces of yogurt. Our research resulted in the guide below. There may be other brands not listed that are allowed; refer to the laminated Yogurt Sugar Limit chart supplied to you by HCN when reading labels.



CREDITABLE	NOT CREDITABLE
Activia •Fiber •Fruit •Fruit Fusion •Light •Greek	
Annie's •Organic 4-pack and 32 oz. •2 oz. Tubes	
Chobani •Blended •Fruit on Bottom •100 Greek •Tubes	Chobani •Simply 100 Crunch Greek •Flips
Dannon •Whole milk yogurt •Light n' Fit •Low fat yogurt (except vanilla and coffee flavor) •Oikos Greek Yogurt •Danimals •Danonino 4-pack & 8-pack	Dannon •Fruit on the Bottom •Danonino, 6-pack & 12-pack •Oikos Crunch Greek
Fage •35 oz. Plain, all types •Total Split Cups, all flavors except honey	Fage •Honey flavor in any size •Crossovers
Food Club •Blended •Light	
Gaymont	Gaymont All flavors
Great Value •32 oz. containers of Greek, Fat-Free, Light, and Whole Milk in Plain & Vanilla only •5.3 oz container Greek, all flavors •6 oz. container of Light Yogurt, all flavors	Great Value •6 oz. containers: All flavors •32 oz. containers of Original Vanilla, Peach, Strawberry, Straw/Banana, Blueberry, Cherry, Key Lime
Market Pantry •4 packs, all flavors •32 oz. container, Non-Fat Vanilla & Plain	Market Pantry •3.5 oz. pouches •32 oz. Low-Fat, all flavors
Old Home •Plain and Fat-Free Plain •Plain & Fat-Free Greek Vanilla	Old Home •Original Vanilla •Fat-Free Vanilla & all other flavors
Our Family •Original •Light •Greek	
Stonyfield •Organic Greek, all flavors •Soy Vanilla •Low-fat Smooth & Creamy, all flavors •YoBaby & YoTots, 4-packs •YoKids Pouches	Stonyfield •Soy Blueberry, Raspberry, Strawberry, Peach
Yoplait •Originals, 6 oz. & 32 oz. containers, all flavors •Light, all flavors •Lactose Free •Custard Style •Greek, all sizes and flavors •Yoplait Kids •Trix	Yoplait •Whips •Dippers •Thick and Creamy •Go-Gurt tubes

Disclaimer: The nutrition information for this list was based on information from manufacturer websites and product in stores in March 2018. Be aware that product formulations may change. HCN intends this list as a resource and is not liable for future product changes that may deem the product as creditable or non-creditable. CACFP providers are encouraged to check the sugar content on the original package label before purchasing.