

HORIZONS

A Newsletter for ND Child Care Providers Participating
In the Heartland Child Nutrition USDA Food Program

July 2021



P.O. Box 1218, 521 Main St. Suite 420
Bismarck, ND 58502-1218

701-250-0140 or 800-366-6793

hcn@heartlandnutrition.org

www.heartlandnutrition.org

What's a cow's favorite drink?
A s-mooooo-thie!

Here is a refreshing recipe for a hot summer day!

Watermelon Smoothie

- 4 cups watermelon- frozen and cut up.
- juice from 1 lime.
- 1 cup of ice.

Blend above ingredients and serve!



Source: www.berrymaple.com

Heartland Child Nutrition would like to welcome new providers:

Ashley Baldwin, Marissa Brackett, Tamara Brazell, Kelsie Breidenbach, Kelly Brown, Brandi Buchholz, Kelsie Burza, Amanda Caylor, Wilhelmina Dickens, Tami Doll, Tim Dwelle, Aletha Flomo, Kimberly Grarseth, Kim Hoffart, Wanda Holter, Abbie Jackson, Terri Jo Jeanotte, Lindsey Jenson, Mycaleigh Johnson, Charlsie Karmo, Alexis Kringstad, April Lindley, Lindsey Loibl, Carol Maurer, Mariah Medrud, Sheri Messner, Robin Meyer, Michelle Mogren, Merlix Molina, Makayla Moon, Kelsie Olson, Chellbi Ressler, Britnie Sanchez, Benes Sar, Gail Thomas, Samantha Vargas, Lindsey Voeltz, Cassie Webb, Jessica Woinarowicz, Ashley Woodall, Mikeesha Woods.



Paint a paper plate with a patriotic theme and use it to play a Balloon paddle game!

Source: Mess for Less



2021 Mandatory CACFP Provider Training is due. If you have not already completed your Mandatory Provider Training get it in ASAP. This quiz is an annual requirement for food program participants as documentation to USDA that participating child care providers are knowledgeable of basic CACFP regulations and policies.

USDA Issues New Waivers

The USDA has announced a new set of waivers to ensure children across the nation have access to nutritious meals as we recover from the pandemic. Starting July 1, 2021 through June 2022, all family child care providers on the food program are eligible to be Tier 1, regardless of location or income. Please call Dorleen at 701-250-0140 for any questions.

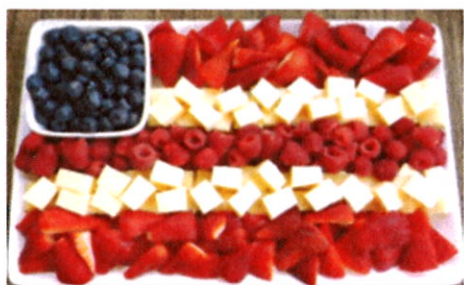


July is National Picnic Month!

If your childcare will be going on a picnic you may still claim the meal! As long as you have packed a creditable meal or snack you may still claim the meal. Just be sure to let your Regional Representative or the HCN office know anytime that you will be away.

Provider Reminders:

- Our Regional Representatives are continuing to do phone reviews. When a regional emails or calls you please return all calls as soon as possible.
- Mail or email a copy of your new license upon renewal.
- Be sure new enrollments are signed and dated by parents or guardians in the month that they began.
- Claims need to be mailed by the 4th or for an online claim submitted by the 5th.



Fruit and cheese cubes

Source: Pinterest.com



Layer some fruit and yogurt for a delicious snack.

Source: Better Homes and Gardens

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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program_intake@usda.gov.



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